

Workshop On “Suicide Prevention”
Organized by Psychological Counselling Cell in collaboration with
Mental
Health Department District Hospital Bilaspur
29/04/2023
Bilasa Devi Girls Hostel
Guru Ghasidas Vishwavidyalaya Bilaspur C.G.

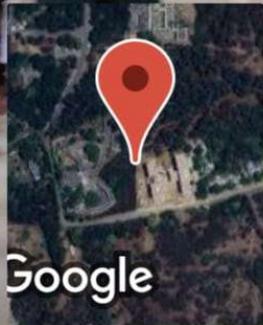
Report of the programme -

A Workshop Was Organized by **Psychological Counselling Cell** GGV Bilaspur in collaboration with **Mental Health Department District Hospital Bilaspur** For Hostel Inmates of Bilasa Devi Girls Hostel GGV Bilaspur ,Dr.Rajeshwari Garg Assistant Professor Dept. Of Education and coordinator of **Psychological Counselling Cell**, provided an overview of the causes and risk factors of suicide, including mental illness, substance abuse, and social isolation. The students were also taught how to identify warning signs that a person may be at risk of suicide.. Psychiatric Nurse Angelina v lal and Vibha bansriar engaged the students in an interactive session where they learned practical strategies for dealing with suicidal individuals, including active listening, providing emotional support, and referring them to mental health professionals. Admin Warden Dr.Gauri Tripathi address the inmates and wish them for stress free happy life in future . During the workshop Psychological cell GGV member Dr.Payel Bannerji ,warden Mrs Shweta Singh ,Dr. Babita Manjhi Were Present. The workshop was successful in achieving its objectives. Students reported increased knowledge and confidence in identifying and responding to individuals at risk of suicide.Dr. Princi Tahalramani Gave Vote Of thanks.





 GPS Map Camera



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44FQ+PR9, Koni, Bilaspur, Chhattisgarh 495009, India

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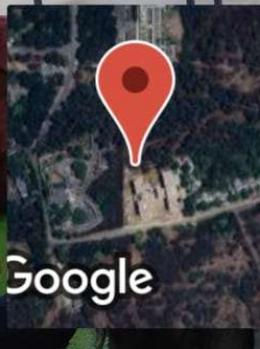
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