

Report on Talk Show Under Swachhata Pakhwada campaign

Organized by Psychological Counselling Cell

07/09/2022

Guru Ghasidas Vishwavidyalaya Bilaspur C.G.

Report of the Program

A Talk Show Organized by Psychological Counselling Cell GGV Bilaspur ,For Hostel Inmates of Rajmohani Devi Girls Hostel GGV Bilaspur ,Dr.Shalini Menon Assistant Professor Dept. Of Physical Education Invited as Resourse Person Of The talk show ,She Delivered Lecture On “**Menstrual Hygiene**” and discussed about its importance. Hostel Inmates asked their queries regarding different aspects of **Menstrual cycle and hygiene**. Dr.Rajeshwari Garg Coordinator of Psychological Counselling Cell GGV Bilaspur Interact with Girls Regarding Mental Hygiene she told Right food Right routine, Right Thinking combination of all three is the path of Mental Hygiene. Vote of Thanks given by Prefact of the Hostel.

