

The following are the facilities available to the students of Department of Physical Education & Sports:

1. **Sports Infrastructure:** The Dept. of Physical Education & Sports has various sports facilities such as Weight Training Hall, Volleyball, Basketball, Kabaddi & Badminton Courts. The fields in progress are the Cricket, Football, Lawn Tennis Court & the Hockey field. The Track & Field, Swimming Pool, Multipurpose Gymnasium Hall are in the pipe-line.
2. **Exercise Physiology Lab:** For the research purpose the Dept. is well equipped with Exercise Physiology Lab which consists of Treadmill, Recumbent Bike, Cross-Trainer, Polar Heart Rate Monitor, Dry Spirometer. The Lab also has Lactate Analyser, B.P. Monitor, Muscle Stimulator etc.
3. **Departmental Library:** The Department has got a very rich library with a good collection of latest books sufficient in numbers both in Hindi & English Medium. For reference the Library also provides various Journals and Encyclopaedia to students.
4. **Participation in Intersports Tournaments:** The Department provides tremendous opportunity for students to participate in almost all the games and sports organized by different Universities under the banner of AIU.
5. **Accommodation Facility:** The University has got a set of norms to provide accommodation to the students and this year approximately 100 new seats are added to different hostels.
6. **Coaching Facility for NET/JRF:** The students are given coaching for NET/JRF by the University teachers free of cost. Around 19 students of this Dept. cleared NET/JRF in the academic year 2012-13.
7. **Opportunities to Officiate & Organize:** The Department provides facilities to officiate & organise different games & sports during Intramural Competition. The Department also provides opportunity to students for officiating tournaments outside the university in different Educational Institutions.
8. **Inter-Faculty & Hostel Tournaments:** The students of Department of Physical Education & Sports were given the opportunity to organise & officiate in different Inter-Faculty and Hostel Tournaments, which is one of the biggest sports event of our University.
9. **Extra-Curricular Activities:** The Department gives immense opportunities to students for participating in Extra-Curricular activities such as Fresher's Day, Sports Day, Foundation Day, and also in Blood Donation Camp.
10. **Opportunities outside the University:** Students of Department of Physical Education & Sports were sent to different districts of Chhattisgarh for Physical Fitness Test of Forest Guards of Forest Department of Chhattisgarh.

Research in Exercise Physiology Lab



Weight Training Hall







East Zone Kho-Kho Tournament at GGV

All India Net Ball Tournament at GGV



Intramural Inauguration by Hon.



Prof. V.S.Rathore

(Head & Director)