

PAPER IV

OFFICIATING AND COACHING

B.P.Ed. Sem.-I

UNIT - I

Theory of Officiating

Mr. Tilak Raj Meena


(Assistant Professor)

Department of Physical Education

GGU, Bilaspur (C.G.)

1. The Qualities of Good Official

- Physical Fitness
- Mental Fitness
- Proper Uniform
- Member of the Recognized Association
- Consistency
- Judgment
- Knowledge

- 
- Confidence
 - Punctual
 - Prepared
 - Keen Observation
 - Impartiality
 - Quick Decision
 - Co-operative spirit

2. Relationship with Management, Coaches, Captains, Players and Spectators

- Punctual
- Prepared
- Fair
- Friendly
- Poised
- Helpful
- Personality
- Health

3. Routine Pre-game and post-game Duties

Pre- Game Duties :-

1. Arrive Early

- At least 15 minutes prior to game time (20-30 mins if first game of the day)
- In proper uniform
- With required equipment:
 - Pens,
 - Whistle
 - Coin
 - Watch
 - Flags

2. Dress Inspections

- Matching Dress
- Same Colour/ Same Dress
- Check field and equipment Markings (Equipment Inspections, Ground Inspection)
 - Holes, glass, rocks, debris, etc.
 - Goals (properly secured)
 - Nets (secured, no holes/gaps)
 - Corner flags
 - Ball

- Check players equipment

- ❖ Team Uniform:

- Shirt, Shorts, Shoes, Socks, Shinguards
- If thermal shorts are worn, they must be the same color as the shorts
- Shin guards must be under the socks
- Goalkeeper's shirt must be distinguishable

- ❖ Nothing dangerous (in your opinion)

- No jewelry, watches, earrings
- No casts or splints (even if padded)
- Knee braces are okay, but only if padded and safe to all players (in your opinion)
- Medical alert bracelets may be worn, but must be secured to the player with tape, cloth wristband or something similar that is safe. The information must remain visible.



4. Conduct coin toss

5. Instruction

6. Reports

Post Game Duties :-

- Hand-Shake Responsibilities
 - At the end of the game all players separated
 - One official on each side of the hand shake line
 - Monitor entire line for potential problems
 - Maintain a quiet presence
- Escorting Teams Off
 - Hold one team if common exit
 - Monitor players off
- Signing the Score sheet
 - Check for accuracy and completeness
 - Note any special circumstances
 - Cross off any blank areas
 - Sign your name legibly

When the time expires, the referee blows the whistle to end the game. A professional image is confirmed when the referee completes the post-game activities in a friendly, positive manner.

- ❑ After blowing the final whistle, the referee collects the ball and returns it to the original provider.
- ❑ The referee should supervise the team handshake. Players may need to be encouraged to display sporting conduct. Referees and coaches should also use this opportunity to model sporting behavior by shaking hands and offering friendly words to each other.
- ❑ The referee completes the lineup cards while the game is fresh in his/her mind. Make sure that the names of the referee, and assistant referees are printed neatly where indicated. Turn both cards in to the referee or information table.
- ❑ If club linesmen are used, the referee compliments them for their efforts and thanks them for their assistance. The referee may, if appropriate, encourage the club linesmen to seek training to become assistant referees or referees.

4. Improving the Standard of Officiating

- **Rules Study:** - An official knows all rules and regulations about the game they always study about the new rules which declared by the federation. Rules study should be must for every officiating and they follow all the rules.
- **Practice:-** In officiating an official should be physically fit in that case they will be practice for the game that they are officiating. Exp- In football match all the player has run and official are also run because when they run and concentrate on every activities and make their decision.

- **Clinics:-** In this standard official should be physically fit and they make a decision sharply, they always take a advice form the side of nthe doctor. If official has totally fit they take all decision should be perfect.
- **Apprenticeships :-** In this standard official should be certified by a federation of any other authorized department. That are proving the good officiating.
- **Rating:-** An official who doing the officiating that have some stars according there certificats and their own experienes. They should have all rating with each other.

Some other points to improve the standard of officiating

- Examination
- Evaluation
- New updates
- Trained officer
- Training camp
- Interest
- Referee board
- Keen Observation
- Awards
- Facilities, etc



Thank you