



## Guru Ghasidas Vishwavidyalaya Health and Wellbeing Services

Guru Ghasidas Vishwavidyalaya (GGV), Bilaspur, is committed to promoting local health and well-being through a variety of initiatives focused on physical, mental, and emotional wellness. The university provides access to on-campus health care services, including a health center offering basic medical facilities to students, staff, and nearby residents. Regular health camps, awareness drives, and wellness check-ups are organized in collaboration with local health departments. GGV also emphasizes preventive healthcare through the promotion of yoga and fitness activities. A dedicated yoga center and trained instructors conduct regular yoga sessions for students and staff, helping improve mindfulness, stress management, and overall physical health. Fitness facilities such as a gymnasium and sports infrastructure support an active lifestyle. The university also celebrates International Yoga Day and hosts wellness workshops to educate the community about the importance of a balanced lifestyle. These services contribute significantly to improving the quality of life on campus and in nearby areas.

SR. NO	Report/Policy/Document	Page no
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## Healthcentre



Located near the University Computer Centre, the Health centre caters to the needs of the students, residents of the campus and employees of the University. One Medical Officer, along with assisting staff is posted at the Centre. From time to time specialists doctors from Chhattisgarh Institute of Medical Sciences (CIMS) visit the

GGV DASHBOARD	G'MUN	Online Programs (CDOE)		SAMARTH LOGIN (Employee)		SAMARTH LOGIN (Student)		
STUDENT GRIEVANCE	ONLINE PAYMENT		Swanim Magazine	हिंदी संस्करण	WEBMAIL	A-	A	A+



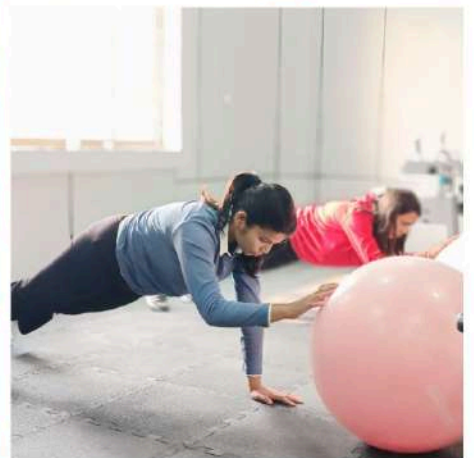
# गुरु घासीदास विश्वविद्यालय, बिलासपुर

## Guru Ghasidas Vishwavidyalaya, Bilaspur

A Central University established by the Central Universities Act 2009 No. 25 of 2009







# Fitness & Wellness Center

The primary objective of our fitness center is to promote strength training and cardio workouts for girls and women. We believe that by engaging in these activities, women can not only tone their muscles but also increase their metabolism, leading to a healthier and more vibrant lifestyle. It is particularly important for women to

participate in strength training as they age, as it helps combat the natural frailty that can occur.

Our center aims to provide a welcoming environment for girls and women of all ages, encouraging them to be physically active and fostering a culture of physical activity among women. We believe that by offering weight training programs, we can help women build strong bones, develop toned muscles, and boost their self-esteem.

In addition to strength training, our center offers a variety of cardio exercises that allow women to push their individual capabilities to the maximum. We also provide opportunities for women to learn kickboxing and self-defense techniques, empowering them with valuable skills and knowledge.

Our fitness center is open to girls studying at GGV, as well as female staff members and their family members. We believe in the importance of regular assessment to track progress and ensure that our members are achieving their fitness goals. To facilitate this, we have acquired various equipment funded by the Tribal Welfare Fund, including a multi-station gym, calf raise machine, treadmill, Swiss ball, and dumbbells.

To create a conducive environment for fitness and wellness, we are currently in the development phase of our facility. Thanks to funding from SECL, we are able to install rubberized flooring mats in our fitness hall, create a false ceiling, and panel the walls with mirrors. Additionally, we will be installing air conditioning in the fitness center and furnishing the office room.

In conclusion, our fitness center is dedicated to promoting the well-being of girls and women by providing them with the means to stay fit and healthy. We strive to create a professional and inviting atmosphere where women can achieve their fitness goals and lead happier lives.

[Get Directions](#)





गुरु घासीदास विश्वविद्यालय, बिलासपुर

Guru Ghasidas Vishwavidyalaya, Bilaspur

# Department of Physical Education, Yoga and Sports Science







The Department is committed to excellence in teaching, research and community service in the field of Physical Education and Sports by providing quality education and congenial environment to students. The foremost aim of the department is to prepare ideal Physical Education teacher trained in every aspect of life so that they are competent and versatile in dealing with future demands of the society.



S.No. 2916./Estt/Adm/2024

Bilaspur, Date. 20/08/2024...

REVISED ORDER

In continuation and partial modification of the earlier order No. 2535/Estt/Adm/2024 dated 24.07.2024, with competent approval, following committee is reconstituted for smooth conduct of Center for Monitoring Mental Health of Stakeholders of GGV.

- |   |                     |
|---|---------------------|
| 1. Prof. Shailendra Kumar,<br>Dean Student Welfare                          | - Chief Coordinator |
| 2. Prof. Manorama,<br>Chief Coordinator of Psychological Counselling Centre | - Coordinator       |
| 3. Dr. Payal Banerjee,<br>Member Of Psychological Counselling Centre        | - Member            |
| 4. Dr. Prasenjit Panda,<br>Member of Psychological Counselling Centre       | - Member            |
| 5. Dr. Raghwendra Singh Thakur<br>UGC-MMTTC, GGV nominating member          | - Member            |
| 6. Dr. Rajeshwari Garg,<br>Other Nominating member                          | - Member            |

By Order

Registrar (Acting)

Bilaspur, Date 20/08/2024.....

Endt. No. 2917./Estt/Adm/2024

01. P.S./P.A. to HVC/Registrar, for information to Hon'ble Vice Chancellor/Registrar.
02. Members of the committee for information and necessary actions.
03. All Deans/Heads/Controlling Officers, for information.
04. Finance Officer/IAO, for information
05. Director IQAC, for information
06. Personal file
07. Office file.

Assistant Registrar (Admn)





Accredited By NAAC Grade A<sup>++</sup>

क्रमांक 2924 / स्था. / प्रशा. / 2024

बिलासपुर, दिनांक : 20/08/2024

—:: संशोधित आदेश ::—

विश्वविद्यालय आदेश पत्र क्रमांक 752/स्था./प्रशा./2022 दिनांक 06.04.2022 में आंशिक संशोधन करते हुए विश्वविद्यालय में स्थापित मनोवैज्ञानिक परामर्श केन्द्र के सुचारु संचालन हेतु निम्नानुसार समिति का पुनर्गठन किया जाता है :-

- |   |   |                                   |
|---|---|-----------------------------------|
| 1. प्रो. मनोरमा, आचार्य, रसायन विज्ञान विभाग            | : | मुख्य समन्वयक, मो.नं. 75874-01982 |
| 2. डॉ. राजेश्वरी गर्ग, सहायक प्राध्यापक, शिक्षा विभाग   | : | सदस्य                             |
| 3. डॉ. पायल बैनर्जी, सहायक प्राध्यापक, शिक्षा विभाग     | : | सदस्य                             |
| 4. डॉ. प्रसेनजीत पंडा, सहायक प्राध्यापक, अंग्रेजी विभाग | : | सदस्य                             |
| 5. डॉ. रुची त्रिपाठी, सहायक प्राध्यापक, ई.सी.ई. विभाग   | : | सदस्य                             |

मुख्य समन्वयक, समय-समय पर कार्य प्रगति की जानकारी अधोहस्ताक्षरी के माध्यम से माननीय कुलपति महोदय एवं कार्यालय, अस्पताल अधीक्षक, राज्य मानसिक स्वास्थ्य चिकित्सालय, ग्राम-सेंदरी जिला-बिलासपुर (छ.ग.) के समक्ष प्रस्तुत करेंगे।

आदेशानुसार

कुलसचिव (कार्यवाहक)

बिलासपुर, दिनांक: 20/08/2024

पृ.क्र. 2925 / स्था. / प्रशा. / 2024  
प्रतिलिपि:

01. कुलपति महोदय/कुलसचिव के सचिव/निज सहायक की ओर माननीय कुलपति महोदय/कुलसचिव जी के सूचनार्थ।
02. कार्यालय, अस्पताल अधीक्षक, राज्य मानसिक स्वास्थ्य चिकित्सालय, ग्राम-सेंदरी, जिला-बिलासपुर (छ.ग.) की ओर सूचनार्थ एवं आवश्यक कार्यवाही हेतु।
03. समिति के समस्त सदस्यों की ओर सूचनार्थ एवं आवश्यक कार्यवाही हेतु।
04. समस्त अध्ययनशालाओं के अधिष्ठातागण, समस्त विभागों के विभागाध्यक्षगण की ओर सूचनार्थ प्रेषित।
05. अधिष्ठाता एवं छात्र कल्याण एवं मुख्य कुलानुशासक की ओर सूचनार्थ एवं आवश्यक कार्यवाही हेतु।
06. प्रभारी आई.टी. सेल की ओर वेब साइट में अपडेट हेतु प्रेषित।
07. निदेशक आंतरिक गुणवत्ता एवं मूल्यांकन प्रकोष्ठ की ओर सूचनार्थ।

सहायक कुलसचिव (प्रशासन)

# **Psychological Counseling Cell**

**Guru Ghasidas Vishwavidyalaya, Bilaspur**

The following are the contact numbers/WhatsApp number of members:

- |                        |              |
|------------------------|--------------|
| 1. Prof Manorama       | +7587401982  |
| 2. Dr Rajeshwari Garg  | +9424913263  |
| 3. Dr Payel Banerjee   | +9755925057  |
| 4. Dr Prasenjeet Panda | + 9770691045 |
| 5. Dr Ruchi Tripathi   | + 9559766770 |

**WORKSHOP ON STRESS MANAGEMENT**  
**Organized by psychological counselling cell GGV**  
**Bilaspur**

\* Jan 8, 2024(minimata girls hostel)  
\* Feb 24, 2024(Bilasa devi girls hostel)

Two workshops were organised by the member of psychological counseling cell GGV BILASPUR at Girls hostel of the GGV. The workshop was led by a mental health professionals Mrs Angelina V Lal and Mrs Vibha Bansriar (Psychiatric Nurse and Master Trainers) and Psychological Cell members GGV Dr. Rajeshwari Garg and Dr. Prasenjit Panda they included interactive discussions, videos, and activities.

Stress management refers to a range of techniques and strategies designed to help individuals cope with stress in healthy and effective ways. Stress is the body's natural response to challenging or threatening situations, but chronic or excessive stress can lead to physical, emotional, and mental health problems. Effective stress management helps individuals reduce the negative impact of stress and maintain a balanced, healthy life.

A stress management workshop aims to help individuals understand and effectively handle stress in their personal and professional lives. **The key objectives of such a workshop are:**

- **Understanding Stress:** Educate participants about what stress is, its causes, and its effects on physical and mental health.
- **Identifying Stressors:** Help individuals recognize common sources of stress in their lives and how these stressors impact their well-being.
- **Developing Coping Strategies:** Provide practical techniques and strategies for managing and reducing stress, including relaxation techniques, time management, and problem-solving skills.
- **Improving Emotional Resilience:** Teach participants how to build emotional resilience and adapt to challenging situations in a healthy way.
- **Promoting Healthy Lifestyle Choices:** Encourage habits and lifestyle changes that support overall well-being, such as regular exercise, balanced nutrition, and adequate sleep.
- **Enhancing Self-Awareness:** Help participants develop greater self-awareness and mindfulness to better understand their stress responses and triggers.
- **Building Support Networks:** Foster the importance of seeking support from friends, family, or professional resources and building strong support systems.
- **Implementing Stress-Reduction Techniques:** Train participants in specific techniques such as deep breathing, meditation, progressive muscle relaxation, and mindfulness.
- **Setting Goals and Action Plans:** Assist participants in setting realistic stress management goals and creating actionable plans to implement the techniques learned.



- **Encouraging Ongoing Practice:** Motivate participants to regularly practice stress management techniques and integrate them into their daily routines for long-term benefits.

Overall, the workshop aims to equip participants with the knowledge and tools needed to manage stress effectively, improve their quality of life, and enhance their overall well-being.

In summary, stress management is about finding the right balance between the demands placed on you and your ability to cope with those demands.



**Minmata Girls hostel**



Bilasa devi girls hostel

## **“Suicide Prevention on Gatekeeper Workshop “**

**For Behaviour Club Members, Department of political science and Economics  
department**

**Organised By Psychological Counselling Cell GGV in Collaboration with DMHP  
Bilaspur**

- **August 12, 2023**
- **October 9, 2023**
- &
- **Dec 10, 2023**

A workshop was organized for the Members of GGV Behaviour club because, Suicide is a major public health concern, and it is important to create awareness and educate young people about suicide prevention. Suicide prevention gatekeeper workshops are designed to help individuals identify the warning signs of suicide and provide them with the skills and resources to intervene and prevent suicide. This report summarizes a suicide prevention gatekeeper workshop conducted for students. Suicide prevention involves strategies, interventions, and support systems designed to reduce the risk of suicide and to address the factors that contribute to suicidal thoughts and behaviors. Suicide is a complex and serious public health issue that can be influenced by a combination of psychological, social, biological, and environmental factors. Prevention efforts aim to identify and help those at risk, provide timely support, and create a supportive environment that reduces the likelihood of suicide.

### **Workshop Overview:**

The suicide prevention gatekeeper workshop for students was conducted in a classroom setting and lasted for two hours. The workshop was led by a mental health professionals Mrs Angelina V Lal and Mrs Vibha Bansriar (Psychiatric Nurse and Master Trainers) and Psychological Cell members GGV Dr. Rajeshwari Garg and Dr. Prasenjit Panda they included interactive discussions, videos, and activities.

### **Objectives:**

#### **The objectives of the workshop were to:**

- Increase awareness of the prevalence of suicide and its impact on individuals and communities .
- Teach participants how to identify warning signs of suicide.
- Provide participants with skills to intervene and prevent suicide.
- Promote resources available for individuals struggling with suicidal ideation or mental health issues.

#### **The workshop covered the following key topics:**

- Introduction to suicide prevention.
- Understanding suicide and its causes.
- Warning signs of suicide.
- How to approach someone who may be struggling with suicidal thoughts.
- How to support and connect someone to help.
- Self-care strategies for gatekeepers .



- Resources available for individuals struggling with mental health issues.

The workshop included interactive activities to help students learn and practice the skills needed to identify and prevent suicide. These activities included role-playing scenarios and group discussions.

**At the end of the session Behavior lab Coordinator and UNICEF representative Mr. Tupendra sahu gave vote of thanks and express his view regarding relevancy of the workshop, he said Suicide prevention gatekeeper workshops are essential in creating awareness and educating people on suicide prevention. The workshop conducted for students was successful in achieving its objectives and helped students develop skills and resources to prevent suicide. It is important to continue providing these workshops to students and other community members to promote mental wellness and prevent suicide.**





# Report on One-Day Workshop on Life Skills

10/11/2023

Organised By Psychological Counselling Cell

Venue -Dept of Education GGV

A one-day workshop on life skills was conducted on November 10, 2023, at the Department of Education. The workshop aimed to equip participants with essential life skills that contribute to personal and professional development. Angelina V. Lal, the Psychological Cell Coordinator, served as the master trainer for the session.

## **Objectives**

The primary objectives of the workshop were to:

- Enhance participants' understanding of critical life skills.
- Provide practical tools and strategies for effective personal management.
- Foster self-awareness and interpersonal skills among participants.

## **Session by Angelina V. Lal**

Angelina V. Lal, the master trainer, led the main session with a focus on several key life skills:

- **Self-Management:** Techniques for setting goals, managing time effectively, and maintaining motivation.
- **Communication Skills:** Strategies for improving verbal and non-verbal communication, active listening, and assertiveness.
- **Emotional Intelligence:** Understanding and managing one's emotions, as well as recognizing and responding to others' emotions.
- **Problem-Solving and Decision-Making:** Approaches for analyzing situations, generating solutions, and making informed decisions.
- **Stress Management:** Methods for handling stress and maintaining mental well-being.

Angelina used interactive activities, group discussions, and real-life examples to engage participants and reinforce the practical application of the skills being taught.

## **3. Participant Engagement**

The workshop was highly interactive, encouraging participants to actively engage through role-plays, case studies, and group exercises. This hands-on approach helped participants practice the skills in real-time and gain immediate feedback.

## **4. Feedback and Reflection**



At the end of the workshop, participants shared their feedback and reflections. Many expressed appreciation for the practical insights and tools provided, noting that they felt more confident in applying the life skills to their daily lives.

## 5. Vote of Thanks

The vote of thanks was delivered by Dr. Rajeshwari Garg, Coordinator Psychological Counselling Cell GGV Bilaspur. Appreciation was extended to Angelina V. Lal for her insightful training, the Department of Education for hosting the event, and all participants for their enthusiastic involvement. The vote of thanks also highlighted the importance of continuous learning and encouraged participants to implement the skills learned in their personal and professional lives.









# WORLD AMR AWARENESS WEEK (WAAW-2023)



## NATIONAL SEMINAR AND AWARENESS PROGRAM ON ANTIMICROBIAL RESISTANCE (18<sup>th</sup> – 24<sup>th</sup> Nov, 2023)

### Chief Patron



**Prof. Alok Kumar Chakrawal**  
Hon'ble Vice Chancellor  
Guru Ghasidas Vishwavidyalaya

### Patron



**Prof. Manish Shrivastava**  
Registrar  
Guru Ghasidas Vishwavidyalaya

### Co- Patron



**Prof. Seema Rai**  
Dean, School of Life Sciences  
Guru Ghasidas Vishwavidyalaya

### Convener



**Prof. A. K. Dixit**  
Dept. of Botany  
Guru Ghasidas Vishwavidyalaya

### Organizing Secretary



**Dr. V. N. Tripathi**  
Dept. of Botany  
Guru Ghasidas Vishwavidyalaya

### Treasurer



**Dr. S. Shweta**  
Dept. of Botany  
Guru Ghasidas Vishwavidyalaya

### Organizing Committee

- Prof. S. K. Shahi
- Prof. D. K. Patel
- Prof. S. K. Prajapati
- Prof. Narendra Kumar

- Dr. S. K. Pandey
- Dr. Ramesh K. Ahirwar
- Dr. Deepanker Yadav
- Dr. Madhulika Singh

### Sponsored by :-

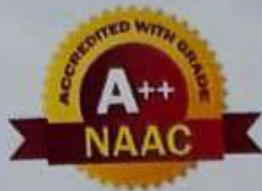


### Organized by :-

Department of Botany,  
Guru Ghasidas Vishwavidyalaya, Bilaspur







## One day training program on Basic Life Support



Organized by

Guru Ghasidas Vishwavidyalaya, Bilaspur, Chhattisgarh

Guest

**Prof. Alok Kumar Chakrawal**

Hon'ble Vice Chancellor  
Guru Ghasidas Vishwavidyalaya,  
Bilaspur, CG

Guest of Honour

**Prof. Abhay S. Ranadive**

Registrar  
Guru Ghasidas Vishwavidyalaya  
Bilaspur, CG

Keynote speaker

**Dr. Jai Prakash Ram**

Senior resident house physician in  
Cardiology, Pediatrics, Medicine

Invited guest

**Prof. Shailendra Kumar**  
Dean, Student Welfare (GGV)

Your dignified presence in the program is respectfully expected.

17 08<sup>th</sup> April, 2025

1:00 P.M

Hall No. 1, Rajat Jayanti Sabhagar, GGV



RSVP:

**Dr. K.P Meena**  
Coordinator

Guru Ghasidas Vishwavidyalaya  
Bilaspur, CG

**Dr. Gita Mishra**  
Co-coordinator

Guru Ghasidas Vishwavidyalaya  
Bilaspur, CG





**Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G.)**  
(A Central University)

**National Service Scheme Cell**



**Grand Bicycle Rally**

Will be flagged off by  
**Prof. Alok Kumar Chakrawal**

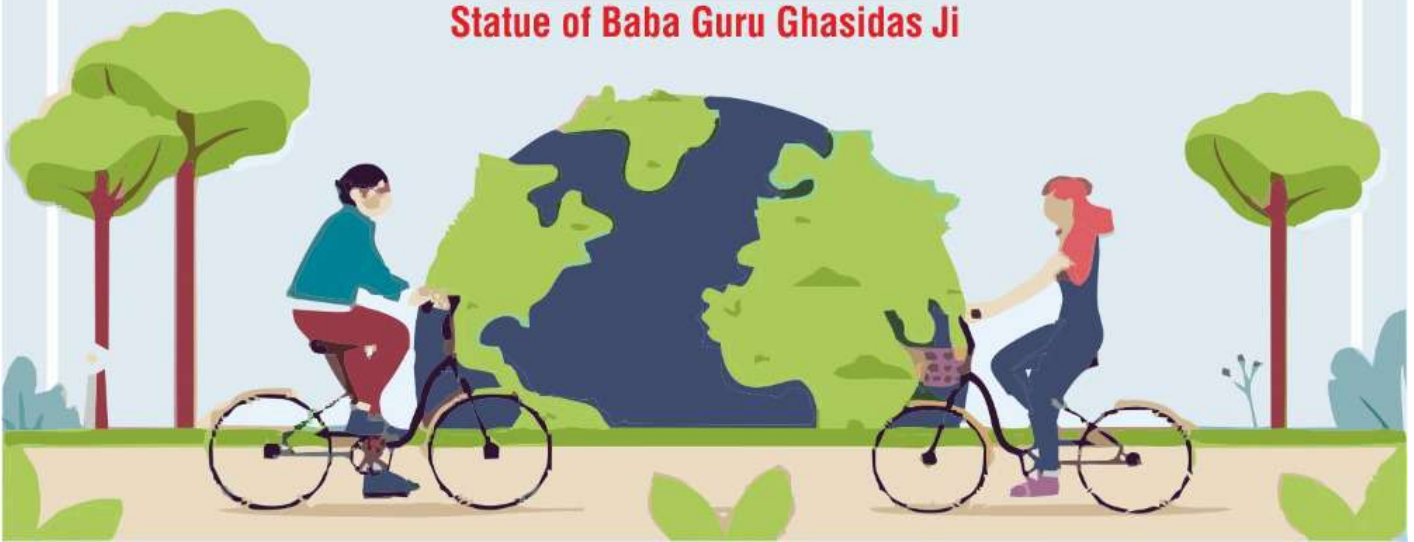
Vice-Chancellor  
Guru Ghasidas Vishwavidyalaya, Bilaspur

**Dr. Dilip Jha**  
Programme Coordinator (NSS)

**June 03, 2023**  
**(Saturday)**  
**7:30 AM**

**RSVP**  
**Prof. Manish Shrivastava**  
Registrar

**Statue of Baba Guru Ghasidas Ji**





**Department of Chemical Engineering  
School of Studies of Engineering & Technology  
Guru Ghasidas Vishwavidyalaya  
(A Central University)  
Bilaspur, Chhattisgarh, INDIA**



Chief Patron  
**Prof. Alok Kumar Chakrawal**  
Hon'ble Vice-Chancellor



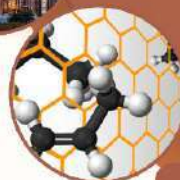
Convener  
**Prof. S. C. Srivastava**  
Dean, SoS, Engg. & Tech.

Patron  
**Prof. Manish Shrivastava**  
Registrar



#### Registration Fee

Students (UG/PG)	₹ 500
Research Scholar	₹ 800
Faculty & others	₹ 1000
International Participant	\$ 60



## INTERNATIONAL CONFERENCE ON TRENDS IN ENERGY AND ENVIRONMENTAL RESEARCH FOR SUSTAINABLE DEVELOPMENT (TEERSD-2023)

November 02-03, 2023

#### Important Dates

Abstract Submission	: August 30, 2023
Registration	: Sep. 15, 2023
Full Paper Submission	: October 20, 2023



#### Topics to be Covered (but not limited to)

- ❖ Environmental Pollution
- ❖ Green Energy
- ❖ Pollution Control Technologies
- ❖ New Perspective of Renewable Energy
- ❖ Clean & Sustainable Energy
- ❖ Renewable Fuels
- ❖ Wastewater Treatment
- ❖ Conventional Separation Processes
- ❖ Novel Separation Processes
- ❖ Waste Management Technologies
- ❖ Energy Intensification
- ❖ Energy Audit & Management
- ❖ Energy Conservation
- ❖ Process Intensification
- ❖ Waste to Wealth
- ❖ Miscellaneous topics

Coordinator

**Dr. R. S. Thakur**  
Head, Chem. Engg. Dept.

Co-Coordinator

**Dr. Anil Kumar Chandraker**  
**Dr. Amit Jain**

Organizing  
Secretaries

**Dr. Saurabh Meshram**  
**Dr. Sandeep Dharmadhikari**

Organizing  
Members

**Dr. Ghoshna Jyoti**  
**Dr. Pankaj Kumar**  
**Dr. Neeraj Chandraker**  
**Dr. Anuradha N. Joshi**  
**Dr. Gautam Prasad Dewangan**  
**Mr. Vishnu Prasad Yadav**

Selected papers will be published in thematic issue  
**Trends in Bioenergy Research for Sustainable  
Development of Biochemical Conversion and  
Biorefinery**. Communication with other  
SCI/Scopus journals for publication is in process.

Submit the Abstract at  
[teersd2023@gmail.com](mailto:teersd2023@gmail.com)





**Akhil Bhartiya Shaikshik Mahasangh (ABRSM)**  
**GURU GHASIDAS VISHWAVIDYALAYA**  
**(A CENTRAL UNIVERSITY)**  
**BILASPUR, CHHATTISGARH**

# **ABRSM-GGV** **FREE HEALTH CAMP**

**SANJIVANI HOSPITAL & RESEARCH CENTRE**  
**WARE HOUSE ROAD, BILASPUR**

**Date: 20/09/2023**  
**Time 10:00 AM to 2:00 PM**

**Venue: Primary Health Centre, GGV, Bilaspur C.G.**

**Medical experts with free consultations: -**  
**Medicine, Surgery, Dental, Physiotherapy and Psychiatry**

**राष्ट्र के हित में शिक्षा**

**शिक्षा के हित में शिक्षक**

**शिक्षक के हित में समाज**

# **Guru Ghasidas Vishwavidyalaya** **(A Central University)** **Bilaspur** **NATIONAL SCIENCE DAY** *Celebration*

on the theme of  
**Global Science for Global Wellbeing**

**The function will be inaugurated by**

**Chief Guest**

**Prof. Nilambari Dave**

Former Vice-Chancellor  
Saurashtra University, Rajkot

**Speaker**

**Prof. B. N. Tiwary**

Department of Biotechnology  
Guru Ghasidas Vishwavidyalaya, Bilaspur

**Speaker**

**Prof. T. D. Pandey**

Head, Department of Agronomy  
College of Agriculture, Bilaspur

**and**

**Prof. Alok Kumar Chakrawal**

Vice-Chancellor  
Guru Ghasidas Vishwavidyalaya, Bilaspur  
**will preside over the function.**

**Venue & Time**

**Rajat Jayanti Sabhagar**  
**February 28, 2023 @ 3:00 PM**

**RSVP**

**Prof. Manish Shrivastava**  
Registrar





**Guru Ghasidas Vishwavidyalaya, Bilaspur (C.G.)**  
**(A Central University)**

is organizing

# **Health Awareness Camp** **Under** **Goal of End Tuberculosis** **by 2025**

(Program of Ministry of Health and Family Welfare, Government of India)

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**The Camp will be Inaugurated by**

**Chief Guest**

**Prof. Alok Kumar Chakrawal**

Vice-Chancellor

Guru Ghasidas Vishwavidyalaya, Bilaspur

and

**Special Guest & Speaker**

**Dr. Gayatri Bandhi**

District TB & HIV Officer  
Bilaspur, Chhattisgarh

**Your presence is highly solicited**

**January 11, 2023 (Wednesday)**

**02:00 PM**

**Hall No.-1, Rajat Jayanti Sabhagar**

**Dr. K. P. Namdeo**  
Coordinator

**RSVP**  
**Prof. Manish Shrivastava**  
Registrar







# गुरु घासीदास विश्वविद्यालय कर्मचारी (अध्यापनेत्तर) एशोसिएशन

सचिव (कार्यवाहक) बिलासपुर (छ.ग.)

एस.डी. अवस्थी

पंजीयन क्रमांक 17823

अध्यक्ष  
राजेश सोनी

Mo.: 9827175324

E-Mail: rajeshsoniggu@gmail.com

Mo.: 7987074300, 9300310893

## उपाध्यक्ष

गोपाल सिंह धुर्वे  
9827932240

## सह-सचिव

एस.डी. अवस्थी  
9827175324

## संगठन सचिव

जय प्रकाश एक्का  
9425223867

## कोषाध्यक्ष

राजेश तिवारी  
8319900168

## प्रचार सचिव

प्रताप प्रधान  
9981438684

## कार्यकारिणी सदस्य

अनीष कुमार गौराहा  
9425533043

भूपेन्द्र कुमार गौराहा  
9977710268

गोपाल प्रसाद यादव  
9691053006

लक्ष्मी नारायण पाण्डेय  
7000986882

लव कुमार चौबे  
9993738933

लवकुश पटेल  
9425544067

राजेन्द्र कुमार सोनी  
7880033763

रामलाल ध्रुव  
6264810177

रवीन्द्र नाथ शुक्ला  
9406249212

तेरस राम गोंड  
9713364609

क्रमांक Q

दिनांक : 28.01.2025

## सूचना

समस्त सम्माननीय शिक्षक, अधिकारी एवं कर्मचारियों को हर्ष सहित सूचित किया जा रहा है कि प्रति वर्ष की भांति इस वर्ष भी कर्मचारी सद्भावना खेलकुद प्रतियोगिता का आयोजन किया जा रहा है। अतः अपना/ अपनी टीम का नाम निम्न पदाधिकारियों के पास दिनांक 05.02.2025 तक जमा करने का कष्ट करें :-

### पदाधिकारियों का नाम :-

01. श्री एस.डी. अवस्थी, सचिव(कार्यवाहक), निदेशक कार्यालय (आई.टी)
02. श्री गोपाल सिंह धुर्वे, उपाध्यक्ष, प्रशासन विभाग
03. श्री जय प्रकाश एक्का, संगठन सचिव, बैठक प्रकोष्ठ
04. श्री राजेश तिवारी, कोषाध्यक्ष-भण्डार शाखा
05. श्री प्रताप प्रधान, प्रचार सचिव, गोपनीय विभाग

### महिला वर्ग -

- |      |   |                  |
|------|---|------------------|
| एकल  | - | 1. कुर्सी दौड़   |
|      |   | 2. चम्मच दौड़    |
|      |   | 3. दौड़-(100मी.) |
| समूह | - | 1. डॉज बॉल       |
|      |   | 2. क्रिकेट       |
|      |   | 3. बैडमिंटन यूगल |

### पुरुष वर्ग -

- |      |   |                  |
|------|---|------------------|
| एकल  | - | 1. दौड़-(100मी.) |
|      |   | 2. शतरंज         |
| समूह | - | 1. क्रिकेट       |
|      |   | 2. व्हालीबॉल     |
|      |   | 3. कबड्डी        |
|      |   | 4. बैडमिंटन यूगल |

  
अध्यक्ष  
राजेश सोनी



गुरु घासीदास विश्वविद्यालय, बिलासपुर, छत्तीसगढ़

# स्नेहिल आमंत्रण

वाणिज्य विभाग का आयोजन

• एक रात •

# तनाव प्रबन्धन

• के लिए •

इस कार्यक्रम  
के

मुख्य वक्ता

**प्रो. आलोक कुमार चक्रवाल**

कुलपति, गुरु घासीदास विश्वविद्यालय, बिलासपुर

होंगे।

आप सभी की उपस्थिति सादर निवेदित है।

९ रजत जयंती सभागार



27 अक्टूबर 2023



शाम 6:00 बजे

कार्यक्रम उपरान्त सायं 7:30 बजे से  
रात्रि 9:00 बजे तक स्नेहिल भोज का  
आयोजन रखा गया है।

उत्तराकांक्षी  
समस्त शिक्षकगण  
वाणिज्य विभाग





भारत सरकार

युवा कार्यक्रम और खेल मंत्रालय  
रा.से.यो. क्षेत्रीय निदेशालय, भोपाल  
मध्य प्रदेश - छत्तीसगढ़

द्वारा प्रायोजित  
एवं

राष्ट्रीय सेवा योजना प्रकोष्ठ  
गुरु घासीदास विश्वविद्यालय, बिलासपुर  
द्वारा आयोजित

एक दिवसीय स्वच्छता कार्यशाला

# स्वच्छ भारत-स्वस्थ मानस

के शुभारंभ के अवसर पर आप सादर आमंत्रित हैं।

कार्यक्रम के

मुख्य अतिथि

**श्री रजनीश सिंह**

माननीय विधायक

बेलतरा विधानसभा

अति विशिष्ट अतिथि

**डॉ. अशोक कुमार श्रोती**

एवं

क्षेत्रीय निदेशक, रा. से. यो. क्षेत्रीय निदेशालय  
मध्यप्रदेश-छत्तीसगढ़

विशिष्ट अतिथि

**डॉ. नीता बाजपेयी**

राज्य रा.से.यो. अधिकारी, छत्तीसगढ़  
रायपुर

होंगी

तथा कार्यक्रम की

अध्यक्षता

**प्रो. आलोक कुमार चक्रवाल**

कुलपति

गुरु घासीदास विश्वविद्यालय, बिलासपुर  
करेंगे।

कक्ष क्रमांक-1, रजत जयंती सभागार

24 जुलाई 2023 (सोमवार)

प्रातः 10:00 बजे

**डॉ. दिलीप झा**

कार्यक्रम समन्वयक, रा.से.यो.  
गुरु घासीदास विश्वविद्यालय, बिलासपुर

उत्तरापेक्षी

**प्रो. मनीष श्रीवास्तव**

कुलसचिव  
गुरु घासीदास विश्वविद्यालय, बिलासपुर